SHIFT Sexual Health Facilitator Training

An 11-module program for service providers who deliver sexual health and related information to clients.

SHIFT HOW YOU TEACH SEXUAL HEALTH

www.womenshealthclinic.org
@whcwpg
Many factors shape the decisions we make about our sexual health. SHiFT helps service providers explore these for themselves and provides them with 11 complete lesson plans to use or adapt with clients. Topics include:

- Self-Awareness
- Self-Compassion
- Communication
- Media Awareness
- Sex and Gender
- Diversity
- Discrimination
- Raising Sexually Healthy Children
- Consent
- Sex 101
- Emotional Wellbeing
- Body Image

We provide multi-agency training sessions twice annually in spring and fall. We offer agency-specific trainings on request.