

“Thank you for helping me with an IUD and condoms when I couldn't always afford them. Now that I can give something, it feels good to know I'm helping someone else who might need birth control.

Every donation makes a difference

You can positively impact someone's life. Each year, donors make it possible for our PPaSS program to offer birth control and safer sex supplies to thousands of people who may not afford it otherwise.

**Help us continue our work.
Please donate today.**

Donate online

www.givewhc.com
or www.canadahelps.org

Donate by phone

Call 204-947-2422 ext. 129

Donate in person or by mail

Women's Health Clinic
419 Graham Ave., Unit A
Winnipeg, MB R3C 0M3

*Make all cheques payable to:
Women's Health Clinic*

*Charitable Registration #
119302693RR0001*

Can't Afford Your Birth Control & STI Protection?

The Pregnancy Prevention and Safer Sex (PPaSS) program provides free supplies to prevent unplanned pregnancy and sexually transmitted infections.



women's
health clinic

☎ 204-947-1517
1-866-947-1517

📍 419 Graham Avenue
Winnipeg, MB R3C 0M3



women's
health clinic

www.womenshealthclinic.org

We are an inclusive, feminist community health clinic. We offer client-centred support through services and education.

Our PPaSS program can help with your supplies if you can't afford drug store prices, aren't covered by a drug plan through family, school, treaty or work, or choose a method you can't get elsewhere.

Please note: You must be seen by a WHC practitioner to use the PPaSS program.

Getting started

At Women's Health Clinic - 419 Graham Avenue

You'll meet with a Birth Control & Pregnancy counsellor who will provide information about your options. You then will see a WHC medical practitioner before getting your supplies. When you need more supplies, let our front desk staff know. They will tell you if you need to see a WHC practitioner before you can get more.

At WHC Portage

You will get your first supplies at your appointment. You can get more supplies at 419 Graham Avenue.

At the Birth Centre

You will get your first supplies from your midwife. You can get more supplies at 419 Graham Avenue.

At Vincent Massey

You will get your supplies at the school drop-in clinic. When the school is closed, please call us at 204-947-1517.

For general healthcare needs while on the PPaSS program

Adults: Please see your own family doctor.

Teens & Youth: You may visit our drop-in clinics on the 3rd floor at 419 Graham Avenue.

Vincent Massey students: You may visit the school drop in clinic.

We also offer free & confidential:

- pregnancy tests
- STI/HIV counselling & testing
- emergency contraception (morning after pill/IUD)
- pro-choice counselling for pregnancy

WHC Graham - Hours of Operation

Monday 9am - 8pm

Tuesday 9am - 8pm

Wednesday 9am - 8pm

Thursday 9am - 8:30pm

Friday 9am - 4:pm

Saturday 10:30am - 3pm

Closed Saturdays in July & August

Pay it forward

The PPaSS program depends on donations to provide supplies for all who need them. If you can, please pay it forward. Your donation is greatly appreciated.

Thank you!

For more information on our programs, Teen Clinic, or resources, visit:

www.womenshealthclinic.org

204-947-1517
Toll-free 1-866-947-1517

Contact us 