

BODY IMAGE • COMMUNICATION • CONSENT • DIVERSITY • EMOTIONAL WELL BEING • MEDIA AWARENESS • RAISING SEXUALLY HEALTHY CHILDREN • SELF-AWARENESS • SELF-COMPASSION • SEX & GENDER • SEX 101

shift how you
teach sexual health

SH FT

sexual health facilitator training

Sexual Health Facilitator Training is for service providers interested in offering a holistic approach to sexual health workshops to clients.

- Receive access to 11 complete 2 1/2 hour workshops and PowerPoint presentations (downloadable through Google Drive) for you to use or adapt.
- Experience components of each workshop and reflect on how you can use the content.
- Ongoing post-training support and consultation, including access to future updates.

We are offering SHiFT sessions virtually this fall!

All sessions will be streamed through Zoom. Trainees will need a device with internet access to participate

**Fridays 1 - 4 p.m.
September 23 - November 4**

Cost: \$200 (Birth Control Teaching Kit available for an additional \$100)

Groups of six or more can coordinate a SHiFT series on their own schedule.


For more details, email:

healtheducators@womenshealthclinic.org

Register online:

[shiftwinter22.eventbrite.ca](https://www.eventbrite.ca)

For more information contact:

 204-947-2422 ext. 151
1-866-947-1517

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www.womenshealthclinic.org



women's
health clinic