

BODY IMAGE • COMMUNICATION • CONSENT • DIVERSITY • EMOTIONAL WELL BEING • MEDIA AWARENESS • RAISING SEXUALLY HEALTHY CHILDREN • SELF-AWARENESS • SELF-COMPASSION • SEX & GENDER • SEX 101

shift how you
teach sexual health

SH FT

sexual health facilitator training

Sexual Health Facilitator Training is for service providers interested in offering a holistic approach to sexual health workshops to clients.

- Receive access to 11 complete 2 1/2 hour workshops and PowerPoint presentations (downloadable through Google Drive) for you to use or adapt.
- Experience components of each workshop and reflect on how you can use the content.
- Ongoing post-training support and consultation, including access to future updates.

We are offering SHiFT sessions virtually this winter!

All sessions will be streamed through Zoom. Trainees will need a device with internet access to participate

Fridays | January 28 - March 4 | 1 - 4 pm

Cost: \$150 (Birth Control Teaching Kit available for an additional \$100)

Groups of six or more can coordinate a SHiFT series on their own schedule.

For more details, email:

healtheducators@womenshealthclinic.org

Register online:

shiftwinter22.eventbrite.ca

For more information contact:

204-947-2422 ext. 151
1-866-947-1517

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women's
health clinic