



OUR VISION, MISSION & VALUES:

Women's Health Clinic (WHC) provides accessible, woman-centred services, creates strategic partnerships and advocates for system change. We work toward the vision of having equitable health and wellness services within and beyond WHC, delivered through a feminist lens. All our work is guided by our values – choice, inclusion, social justice, innovation and integrity.

WHC EXPECTATIONS:

Every employee is expected to contribute to the mission, vision and values of WHC, and the achievement of its strategic plan through collaboration and teamwork. Employees are expected to consistently attend work, function within WHC's principles of services, contribute to the quality of our services for clients and look for ways to improve our overall effectiveness and enhance client experience. Employees will respect each other, clients and members of the public and create an environment where clients have the information, knowledge and support they need to achieve their individual health and wellness goals.

WHC PROMISE:

WHC will provide employees with a respectful, healthy and safe work environment and compensate and recognize employees in a fair and meaningful way. We will provide employees with opportunities to participate in planning and decision-making and to communicate your concerns, ideas and suggestions. We will listen and be responsive. We will support employee growth and development through a culture of coaching, learning and encouragement.

Job Stream: C

Union Classification: Counsellor/Coordinator

Position: Provincial Eating Disorder Prevention and Recovery Program Counsellor

Position Reports to: Team Leader, Provincial Eating Disorder Prevention and Recovery Program

POSITION SUMMARY:

This position is responsible for providing individual and group counselling for clients of the Provincial Eating Disorder Prevention and Recovery Program in alignment with feminist counselling principles and WHC vision, mission and values.

Job Specific Day To Day Activities

1. Provide individual feminist therapeutic counselling
2. Provide therapeutic group counselling and workshops
3. Maintain a strong clinical knowledge base to provide relevant support to clients and accurately assess client needs
4. Assume responsibility for clinical area and provide relevant and timely comprehensive client service in program area
5. Connect clients with appropriate resources
6. Ensure accurate standardized records are created and maintained; provide relevant statistical information to management
7. Participate in clinical supervision and service team meetings

8. Maintain strong external and community connections by participating in relevant community networks, committees and in speaking engagements where program area expertise is an asset.

Position Specific / Initiatives

1. Provide individual therapeutic counselling on issues within the area of eating disorders, and addressing issues of depression, anxiety, self-esteem, addictions, trauma, self-harm, and family and peer relationships
2. Develop and facilitate therapeutic groups and workshops in the area of Eating Disorder prevention and treatment
3. Provide professional and family consultations related to program area

Competencies

Client Service (delivers client-centered service)

- Identifies and understands diverse client needs
- Provides attentive and supportive service to address client needs
- Understands and facilitates access to the appropriate resources to better serve client needs
- Follows-up to evaluate client service, needs and requirements and makes adjustments as required

Teamwork (works effectively with diverse individuals, groups and communities, and builds collaborative partnerships and relationships)

- Provides expertise, information, or other support to others
- Understands diverse and cultural needs of others and adapts own behavior to meet those needs
- Identifies beneficial partnerships and builds new relationships effectively
- Builds and maintains collaborative and respectful working relationships with others
- Works effectively in conflict situations to achieve a mutually beneficial result
- Builds opportunities for a positive work environment

Communication (the effective exchange of information and ideas to inform, educate, influence or advocate)

- Demonstrates active listening to others to ensure understanding
- Articulates complex information clearly and concisely in spoken and written formats to inform or educate others
- Adjusts tone and messages depending on audience needs
- Influences and/or advocates for a person or cause in an effective manner
- Communicates honestly, respectfully and constructively in situations that may be tense
- Follows up to ensure others understand information
- Ensures confidential information is maintained; identifies risks to management

Planning and Organizing (effectively plans, prioritizes, coordinates and implements required actions and resources to maximize outcomes)

- Organizes, prioritizes, plans and coordinates own tasks to complete work efficiently
- Coordinates information/work from others
- Maintains organized records and documentation
- Proactively monitors progress on work requirements and deadlines and identifies and notifies impacted parties

Analysis, Problem Solving and Evaluation (effective analysis and assessment and application of information to facilitate appropriate solutions and effective decisions)

- Identifies and critically analyses options to address needs and determine appropriate actions
- Anticipates potential issues or problems and identifies preventative or corrective actions
- Identifies and raises concerns and issues in a timely manner
- Makes effective decisions based on assessment and evaluation
- Effectively assesses short term and long term impacts of decisions
- Evaluates actions, solutions and decisions once implemented

Leadership (Demonstrates skills and expertise to perform effectively and with integrity contribute to business results)

- Utilizes professional expertise to complete work and assists team as needed
- Ensures accuracy and high standards for work results
- Shows accountability in work and follows through on all commitments and goals
- Demonstrates and shares their expertise with others
- Identifies opportunities to continuously improve client service, care and results
- Adapts well to change and encourages others to embrace new ideas
- Is open to feedback and takes initiative to improve skills
- Identifies emerging needs, trends, and practices in areas of expertise and adjusts practice or brings forward to their team as required

Technical/Position Specific Competencies

(the application of competencies specific to professional certification/association standards and guidelines)

N/A

Risk Management:

- Accurately completes all: chart reviews; and recording of client information according to established clinical guidelines and standardized processes; as well as participating in random chart audits to ensure overall quality control.

Education/Experience:

- Bachelor's degree in a relevant discipline and an equivalent combination of education and work experience
- 3 years' experience providing clinically supervised therapeutic counselling for women.
- Experience developing and facilitating groups.
- Demonstrated understanding of weight bias and body positive perspectives.