

SH➤FT

Sexual Health Facilitator Training

*An 11-module program for service providers
who deliver sexual health and related
information to clients.*

**SHIFT HOW YOU
TEACH
SEXUAL HEALTH**



@whcwpg



women's
health clinic

www.womenshealthclinic.org

SHiFT is for educators, workplaces, organizations, health and social service workers, and anyone else interested in learning how to effectively talk or teach about sex.

This professional development opportunity offers information, skill-building and tools for exploring topics of sexual health and sexuality.

Many factors shape the decisions we make about our sexual health. SHiFT helps service providers explore these for themselves and provides them with 11 complete lesson plans to use or adapt with clients. Topics include:

Self-Awareness

Self-Compassion

Communication

Media Awareness

Sex and Gender
Diversity

Discrimination

Raising Sexually
Healthy Children

Consent

Sex 101

Emotional
Wellbeing

Body Image

We provide multi-agency training sessions twice annually in spring and fall. We offer agency-specific trainings on request.



204-947-2422 ext. 151
1-866-947-1517



419 Graham Avenue
Winnipeg, MB R3C 0M3



healtheducators@womenshealthclinic.org



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