

postnatal education  
workshops

# COPING WITH CHANGE

Training for  
**Service  
Providers**

Whether a baby arrives by birth or adoption, all families benefit from support as they adjust to the many ways a baby changes their lives.

*Coping with Change* facilitator training is a 2-day professional development workshop that helps service providers understand the emotional adjustments and mental health challenges of new parents and builds the knowledge and skills they need to support the families in their communities.

## The workshop fee includes:

- » your own copy of the *Coping with Change* manual
- » snacks & lunch during the workshop
- » ongoing support as you facilitate the *Coping with Change* program in your community



**November 19 & 20, 2018 • 9:00am - 4:00pm**  
Birth Centre • 603 St. Mary's Rd • Cost: \$180

Register online at [cwctraining2018.eventbrite.com](http://cwctraining2018.eventbrite.com)

For more information contact:

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1-866-947-1517

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