

The Circle

A group where we discuss what it *really* means to be well.

The Circle is a monthly counselling group. We discuss topics related to life and wellness in a welcoming and relaxed setting. We look at issues through a feminist lens and share our wisdom with each other. A qualified therapist guides the group discussion. Listeners are welcome.

This group is open to all people. Trans, non-binary, two-spirit, and queer people are welcome.

*Third Tuesday of every month, all year.
Attend one group, or more.*

6:15 - 8:15 pm

(doors open for coffee at: 5:30pm)

Main Floor, 419 Graham Ave

Refreshments will be served.

Bus tokens available.

This group is free.

July 17th, 2018

There is no group in July.

August 21st, 2018

Open discussion

We will choose discussion topics for the Fall.

Registration is requested for all of the sessions, please.

To register or for more information contact Candace:

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1-866-947-1517

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women's
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