

handle with care

Handle with Care is a program for parents and other caregivers.

This workshop uses activities, games and discussions that support the social and emotional well-being of children from 2 - 5 years as well as their caregivers. It helps you to:

- build your child's self-esteem
- help your child express emotions
- build a strong relationship with your child
- help your child form healthy relationships with others

Saturdays

September 30th - November 4th

10:00 - 11:30 am

Birth Centre • 603 St Mary's Rd



Registration is required. To register or for more information contact:

☎ 204-947-2422 ext. 113
1-866-947-1517

📍 603 St. Mary's Road
Winnipeg, MB R2M 2S8

✉ mothersprogram@womenshealthclinic.org

www.womenshealthclinic.org



women's
health clinic