



# HEALTHY FAMILIES

**Healthy Families is a drop-in group for pregnant people and parents of children up to 2 years old.**

Come meet other families, share your ideas on pregnancy, parenting, and life with kids.

*Childminding available.*

WEDNESDAYS

10:00 - 11:30 am

Birth Centre • 603 St. Mary's Rd.

*For more information contact:*

☎ 204-947-2422 ext. 113  
1-866-947-1517

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[www.womenshealthclinic.org](http://www.womenshealthclinic.org)



women's  
health clinic