

postnatal education
workshops

COPING WITH CHANGE

Training for
**Service
Providers**

Whether a baby arrives by birth or adoption, all families benefit from support as they adjust to the many ways a baby changes their lives.

Coping with Change facilitator training is a 2-day professional development workshop that helps service providers understand the emotional adjustments and mental health challenges of new parents and builds the knowledge and skills they need to support the families in their communities.

The workshop fee includes:

- » your own copy of the *Coping with Change* manual
- » snacks & lunch during the workshop
- » ongoing support as you facilitate the *Coping with Change* program in your community

April 10th & 11th, 2017 • 9:00am - 4:00pm
Birth Centre • 603 St. Mary's Rd • Cost: \$180

*Registration is required. To register
or for more information contact:*

☎ 204-947-2422 ext. 113
1-866-947-1517

📍 419 Graham Avenue
Winnipeg, MB R3C 0M3

✉ register@womenshealthclinic.org

www.womenshealthclinic.org



women's
health clinic