

postnatal education
workshops

COPING WITH CHANGE

Prenatal classes prepare you for birth.

Postnatal classes help you understand all of the changes that happen when a baby enters your life.

Monday Afternoons


March 6th - April 10th • 1:30 - 3:00 pm

ACCESS NorWest Coop Community
Healthcare (785 Keewatin St)



*Registration is required. To register
or for more information contact:*

 Brenna at 204-782-8793

 785 Keewatin St.
Winnipeg, MB R2X 3B9

 Natalie at ncarreiro2@norwestcoop.ca



women's
health clinic

www.womenshealthclinic.org