

“My health care provider really listens. She encourages me to ask questions and makes sure I understand her explanations. I appreciate that she respects my privacy and goes above and beyond to ensure confidentiality.”

# Medical Services

*At Women's Health Clinic, we work together with you in a partnership of respectful, non-judgmental care.*

**Every donation makes a difference**  
 You can positively impact a woman's life. Our feminist-based health information and services support women in making informed decisions about their health and well-being.

**Help us continue our work. Please donate today.**

**Donate online**

[www.womenshealthclinic.org/donate](http://www.womenshealthclinic.org/donate)  
 or [www.canadahelps.org](http://www.canadahelps.org)

**Donate by phone**

Call 204-947-2422 ext. 129

**Donate in person or by mail**

Women's Health Clinic  
 419 Graham Ave., Unit A  
 Winnipeg, MB R3C 0M3

*Make all cheques payable to:  
 Women's Health Clinic*

**Charitable Registration #  
 119302693RR0001**



☎ 204-947-1517  
 1-866-947-1517  
 📍 419 Graham Avenue  
 Winnipeg, MB R3C 0M3



We are an inclusive, feminist community health clinic. We offer client-centred support through services and education.

Our multidisciplinary staff includes doctors, nurses, dietitians, medical assistants, and volunteers. You do not need a referral from another health care provider to access our services.

## Sexual and Reproductive Health

We offer a range of services for reproductive and sexual health issues for all ages, including:

- abortion
- birth control options (including IUD insertion)
- emergency contraception (morning after pill/ IUD)
- free drop-in pregnancy tests
- STI/HIV testing
- pap test/cervical screening
- sexually transmitted infections
- unplanned pregnancy options

## Birth Control & Unplanned Pregnancy Program

Trained volunteer counsellors provide pro-choice, non-judgmental compassionate support, information and referrals for:

- birth control options
- unplanned pregnancy options (abortion, adoption & parenting)
- preventing sexually transmitted infections and HIV
- safer sex practices
- issues related to sexuality and relationships

## Health Consultations

Our female family physicians and nurse practitioners are available for consultation appointments on some common women's health issues such as:

- endometriosis
- fibroids
- hysterectomy
- menopause
- urinary incontinence
- pelvic pain
- PMS

## Birth Control & STI Prevention Supplies

To protect yourself from unplanned pregnancy and sexually transmitted infections (STI's), we can help with supplies if:

- you can't afford drug store prices
- don't have a drug plan through family, school, treaty or work
- choose a method you can't get elsewhere

*Please ask about our Pregnancy Prevention and Safer Sex (PPaSS) program for more information.*

## Nutrition Counselling

Our dietitians offer free nutritional counselling to women ages 13+ with a focus on health and overall well-being. Using a health at every size (non-dieting) approach, they provide non-judgmental support, information and advice to address a range of nutrition and health concerns.

*For more information on our medical services, please visit:*  
**[www.womenshealthclinic.org](http://www.womenshealthclinic.org)**

Visit our website for more information:

**[www.womenshealthclinic.org](http://www.womenshealthclinic.org)**

204-947-1517  
Toll-free 1-866-947-1517



**Contact us**