My health care provider really listens. She encourages me to ask questions and makes sure I understand her explanations. I appreciate that she respects my privacy and goes above and beyond to ensure confidentiality.

Medical Services

At Women's Health Clinic, we work together with you in a partnership of respectful, non-judgmental care.

Every donation makes a difference

You can positively impact a woman's life. Our feminist-based health information and services support women in making informed decisions about their health and well-being.

Help us continue our work. Please donate today.

Donate online

www.womenshealthclinic.org/donate or www.canadahelps.org

> Donate by phone Call 204-947-2422 ext. 129

Donate in person or by mail

Women's Health Clinic 419 Graham Ave., Unit A Winnipeg, MB R3C 0M3

> Make all cheques payable to: Women's Health Clinic

> > Charitable Registration # 119302693RR0001













women's





419 Graham Avenue Winnipeg, MB R₃C oM₃



women's health clinic

We are an inclusive, feminist community health clinic. We offer client-centred support through services and education.

Our multidisciplinary staff includes doctors, nurses, dietitians, medical assistants, and volunteers. You do not need a referral from another health care provider to access our services.

Sexual and Reproductive Health

We offer a range of services for reproductive and sexual health issues for all ages, including:

- abortion
- birth control options (including IUD insertion)
- emergency contraception (morning after pill/ IUD)
- · free drop-in pregnancy tests
- STI/HIV testing
- · pap test/cervical screening
- · sexually transmitted infections
- · pregnancy options

Birth Control & Pregnancy Counselling Program

Trained volunteer counsellors provide pro-choice, non-judgmental compassionate support, information and referrals for:

- · birth control options
- pregnancy options (abortion, adoption & parenting)
- preventing sexually transmitted infections and HIV
- safer sex practices
- issues related to sexuality and relationships

Health Consultations

Our female family physicians and nurse practitioners are available for consultation appointments on some common women's health issues such as:

- endometriosis
- fibroids
- hysterectomy
- menopause
- · urinary incontinence
- · pelvic pain
- PMS

Birth Control & STI Prevention Supplies

To protect yourself from unplanned pregnancy and sexually transmitted infections (STI's), we can help with supplies if:

- you can't afford drug store prices
- don't have a drug plan through family, school, treaty or work
- · choose a method you can't get elsewhere

Please ask about our Pregnancy Prevention and Safer Sex (PPaSS) program for more information.

Nutrition Counselling

Our dietitians offer free nutritional counselling to women ages 13+ with a focus on health and overall well-being. Using a health at every size (non-dieting) approach, they provide non-judgmental support, information and advice to address a range of nutrition and health concerns.

For more information on our medical services, please visit:

www.womenshealthclinic.org